



SHERRARD HIGH SCHOOL

Girls Volleyball Camp 2023

WHAT: Girls Volleyball Camp

WHO: Girls entering 7th-8th grade

WHEN: July 19th, 2023 12: 00 - 3:00 & July 20th, 2023 3:00 - 6:00

WHERE: Sherrard High School, Gym 1

COST: \$40

FEE INCLUDES: Coaching/instruction, camp t-shirt, and covers administration fees.

Camp Features & Skills Emphasized

Designed for beginner to elite athletes. Training techniques will include developing fundamental skills, position training, interactive drills, competitive simulations, playing as a team, and having fun!

Special Skills Emphasized

- Serving
- Passing
- Setting
- Attacking
- Team Defense
- Team Offense

Please contact Coach Amy Mitton with questions.

Email: mittona@sherrard.us

Sherrard Volleyball Camp 2023

REGISTRATION DUE BY: May 24, 2023

Name: _____ Grade in Fall 2023: _____

Address: _____ Phone: _____

Email: _____

Shirt Size: YS, YM, YL, YXL AS AM AL AXL AXXL

Make Checks Payable to: **SHERRARD VOLLEYBALL**

Mail completed registration Sherrard Volleyball form and payment to:

C/O Vanessa Schulenberg

4701 176th Avenue Sherrard, IL 61281

Medical Condition: _____ Emergency Phone: _____

Parent/Guardian: I give permission for my child to participate in camp and hereby release Sherrard High School, their representatives, coaches and staff of any liability for any accident or injuries acquired through the course of this camp.

Parent/Guardian Signature: _____ Date: _____